## **Dauphin Dog Training Club**

## Foundation 1 – Class Outline

## Class work includes:

- 1. Sit, wait / stay, recall to side (left & right)
- 2. Rewarding your dog -- when and how (from hand or on obstacle). I'll let you know which to use & why.
- 3. Discuss positive behavior reinforcement using a **Marker** word
  - (i.e., yes, good dog), toy play w/handler, clicker (optional).
  - Dogs learn faster when they immediately understand they did good. Plus it builds confidence!
- 4. Other words you'll need... Release, Focus Forward, Go Forward
- 5. Body awareness & strange surfaces: fit bone, rubber tubs, planks, ladder, wobble boards, straddling jump bar (forward & backwards), cone & cavaletti games, strange surfaces
  - Discuss shaping principles break the skill down to small, understandable steps!!
- 6. Restrained recalls (with assistant); stationery & in motion
  - Focus & Reinforcement zone (RZ) Pocket pup? Hand focus?
  - Connect w/your dog discussion (eyes / face profile)
- 7. Hand touch (work on getting distance)
- 8. Chase game
- 9. Get it game
- 10. Driving ahead / targeting (not luring) using food bowl or toy (again ensure FOCUS); stationery & in motion
- 11. Intro to table
- 12. Intro to tunnel (chute base & 10 ft)
- 13. Impulse control exercises: food games, focus exercises, crate games (assign as homework)

\*\* All exercises will be taught with the dog on both the right- and left-side of the handler. \*\*

IMPORTANT NOTE -- Dogs under 1 year of age will not be jumping over 12"

## **Advancement to Foundation 2 – Instructor Approval Needed**

A solid start line stay is a MUST !!

Handler & dog must demonstrate that they can perform above-stated skills with distractions

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